



# St. Felicitas Catholic School

**Mission Statement:** Saint Felicitas Catholic School as a Catholic school in the Diocese of Oakland educates children in the Catholic faith and nurtures their minds, bodies, and souls, inspiring them to live the Gospel of Jesus Christ, achieve their highest academic and creative potential, and actively serve and enrich the community.

## **Leading And Serving Others Joyfully In Our Faith**

Dear Parents and Guardians,

There were some wonderful beginning of the year festivities this week. The School Board and Parent Association Board joined together on a retreat on Saturday morning for some prayer, reflection, and collaboration! We had our retreat at the beautiful San Damiano retreat center. If you have never been, you should check it out! Doreen Jones led us in many activities revolving around our theme this year, "Leading and Serving Others Joyfully in our Faith."

We also had our dessert social with the 8<sup>th</sup> grade and Kindergarten families on Wednesday. It was a wonderful night filled with lots of community building and sharing of wisdom from our long time 8<sup>th</sup> grade parents to our newbie Kinder parents. A big thank you to the 8<sup>th</sup> grade parents and room parents - Patty Ramos and Rosi Gonzales for organizing the event!

Don't forget to mark your calendars for our two mandatory meetings - October 12<sup>th</sup> and November 9<sup>th</sup>. (There will be a \$25 charge if you are absent.) On October 12<sup>th</sup> we will have a wonderful speaker, Mark Weisner - the pastor from St. Michael's in Livermore. He is the priest named by the Pope as the "Missionary of Mercy" for the Oakland Diocese. He has spoken at our church before. His talk is titled - 10 Reasons to Be Catholic. It will be great information and a refresher for those parents who are Catholic and great information about

the Catholic culture of our school for those parents who aren't Catholic. Day care will be provided at the school by Mrs. Roarty. RSVPs will be needed for Day Care. Be on the lookout for a flyer in the coming weeks!

You are always in my prayers!  
Abundant Blessings,  
Mrs. Jorgensen

*Faith*  
**HOPE**  
*Love*



**This Week's Raffle Drawing Winner is:**

***Ed Mendoza***

***Son, John is in 6th Grade***

***Congratulations!***

## **Important Dates & Events**

- **Friday, September 23rd, Coffee Talk with the Principal, 8:30 am**
- **Wednesday, September 28, Minimum Day, PreSchool-8th Grade**
- **Sunday, October 2nd, School Mass 9 am**
- **Monday, October 10th, Columbus Day-No School**

## Yearbook Sales are Now Open Online

Order your child's yearbook now and you won't have to do it later! We have been able to maintain the same pricing as last year! Please go to this link for order information. <https://sfcsyearbook.picaboo.com/>



## Dine & Donate Fundraiser!

Join us at Round Table Pizza on Thursday, October 27th for our first dining fundraiser of the year! Visit Round Table at 1359 Washington from Noon-9:30 pm, present the flyer and our school will receive 15% of the proceeds!



## Join the Choir!

Miss Tripp is organizing our new choir! Rehearsals will be on Tuesdays from 3:15-4:15 pm. If your child is interested, please complete the attached permission slip. Thank you!



## Coffee Talk with the Principal

The first Coffee Talk of the school year takes place *tomorrow*, Friday, September 23rd at 8:30 am. Join Mrs. Jorgensen to discuss what's happening at school!



## St. Felicitas Parent Education Night

Did you know the average teenager spends 6.5 hours a day looking at a screen? On November 9th we will be showing "Screenagers, Growing Up in the Digital Age" at our parent education night. Please see the attached flyer for more details.

## CHEESE! School Picture Retakes

Picture retakes will be Tuesday, October 11th. If you are retaking your picture, be sure to wear your full uniform including your fleece jacket and bring in your original picture packet. Retakes are also available to any students that were absent on the original picture day.



## We Need Your Help!

Our annual pancake "Breakfast with Santa" is coming up on Sunday, December 4th and we need a parent volunteer to "Chair" the event. If you can help, please contact the school office!



## Parent/Teacher Conferences Are Approaching!

Parent Teacher Conferences are scheduled to begin at 1 pm on Thursday, October 27th and all day October 28th. Scheduling appointments will be done online. Look for the email from Mrs. Zipp with the link. If you don't receive the email, please remember to check your "spam" folder or click here <http://www.signupgenius.com/go/10c0c49a4af2da0f58-20162017> prior to contacting the school office. *Thank you!*



## Evacuation Drill

Mark your calendars for Friday, October 21st, we will be conducting our evacuation drill.

*Remember,* a parent or authorized adult listed on the yellow emergency card will need to pick up your child/ren. No afternoon Falcon's Nest will be available that day. It is a minimum day with a 12:00 noon dismissal.

## Online-Safe Environment Training

For parents and guardians new to our school, the Diocese requires a Safe Environment Class be taken. Please go to this site, [www.virtus.org](http://www.virtus.org) to take the online class. When complete, please return the Certificate of Completion to the school office with the \$8.00 fee. For all returning parents, our school is on a 3 year cycle, next school year (2017-18) all parents will need to renew their Safe Environment training.

## PLEASE PRAY FOR:

- Deacon Tim Myer
- Bill Costa
- Orobosa Okhomina
- Colleen Jackson
- Jeff Heusler
- Mary Lou Ramirez
- Sister Kathleen
- Deirdre Polonsky
- Maria DelRio-Cardenas
- Repose of the soul of Mark Stahowski



# Join the St. Felicitas Choir!



Rehearsals: Tuesdays 3:15-4:15 p.m.

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I give permission for my child \_\_\_\_\_ to  
participate in Choir for the 2016-2017 school year.

Parent Signature: \_\_\_\_\_



**REGISTER NOW ONLINE !!!!!**



**www.slzgsi.org**

**The San Lorenzo Girls Softball League serves San Lorenzo and all surrounding areas.**

**COST: \$125 PER PLAYER  
(\$100 EACH ADDITIONAL SIBLING)**

**WHAT DO YOU NEED TO REGISTER ONLINE?**

- 📄 COPY OF CHILD'S BIRTH CERTIFICATE FOR AGE VERIFICATION**
- 📄 MEDICAL & DENTAL INSURANCE INFORMATION**
- 📄 A REFUNDABLE DEPOSIT ONLY HELD TO ENSURE COMPLETION OF VOLUNTEER SERVICE (\$100 FOR 1 PLAYER, PLUS ADDITIONAL \$25 PER SIBLING, FAMILY MAX OF \$150)**
- 📄 REGISTRATION & FEES ALL HANDLED ONLINE**

**FOR ADDITIONAL INFORMATION:  
PLEASE VISIT OUR WEBSITE AT  
WWW.SLZGSL.ORG OR CALL  
(510) 276-BALL (2255)**

**WHY CHOOSE  
SLZGSL ???**

**GIRLS OF ANY  
ABILITY ARE  
WELCOME !!**

**Brand New Fields !!**

**Playing Softball encourages girls to become physically and mentally fit, build confidence & self-esteem !!**

**Players registered for the 2017 Spring Season are invited to participate in pre-season skill sessions for FREE !!**

**Multiple teams per division !!**

**Friend us on Facebook-SLZGSL Softball League or Instagram slz\_girls\_softball**

**This is not a District Sponsored Activity**

# SCREENAGERS

## GROWING UP IN THE DIGITAL AGE

St. Felicitas Parent Education Night

November 9, 7-8:30pm

Please join us for a private viewing of the award-winning documentary produced by Delaney Ruston - physician, filmmaker, and parent. With insights from authors, psychologists, and brain scientists, she explores the effects of screen-time on children's brains, and offers solutions to empower kids to best navigate the digital world and find balance.

The average teenager spends 6.5 hours per day looking at a screen. Countless scientific studies have proven that excessive screen time can result in the following:

*Sleep problems*  
*Vision problems*  
*Loss of social skills*  
*Aggression*  
*Depression*  
*Anxiety*  
*Impaired emotional development*  
*Reduced attention span*  
*Increased risk of ADHD*  
*Risky behaviors*  
*Obesity*  
*Lower grades*  
*Changes in brain chemistry*

The links below provide more information about the documentary, and reaction to it from the medical community.

Official Website: <http://www.screenagersmovie.com/>

Official Trailer: <https://vimeo.com/181967066>

PBS NEWSHOUR - "The drug-like effect of screen time on the teenage brain."